

COMMUNITY DESSERT AND AWARDS CEREMONY

Monday, Oct. 4, at Harrigan Centennial Hall Doors open at 6 p.m., program starts at 6:30 p.m.

Join us for a selection of local and organic desserts provided by Sitka Spruce Catering.

Keynote presentation by Julien Naylor, MD, internal medicine/diabetes specialist at SEARHC Mt. Edgecumbe Hospital.

Following the presentation is an awards ceremony honoring community wellness champions.

Admission is free, but donations will be accepted for the Sitka Health Summit's new Health Initiatives Fund.

PLANNING DAY: REAL IDEAS INTO ACTION

Tuesday, Oct. 5, from 9 a.m. to 5 p.m., at Harrigan Centennial Hall

Participants will help set Sitka's community health and wellness goals for 2010-11 from 9 a.m. to 4 p.m. Interact with local businesses and programs promoting health and wellness from 10 a.m. to 5 p.m. in the Exhibit Room.

For more information, visit http://www.sitkahealthsummit.org



